

Outline for CE

Still But Not Stable: The Hidden Risks in Sedated, Recovering and Recumbent Patients

1. Intro to myself and background
2. Why monitoring/care in ICU for these patients is so important
 - How it is different than your normal awake patient!!!
1. Outline of what we will talk about today
 - Temperature
 - ✦ Normals
 - ✦ Physiologic effect of hypothermia
 - ✦ Physiologic effect of hyperthermia
 - ✦ How to fix it
 - Heart rate
 - ✦ Normals
 - ✦ Common arrhythmias
 - ✦ Common causes of each in the ICU
 - ✦ Troubleshooting the ECG
 - ✦ Very brief how to fix
 - Respiratory
 - ✦ Normals
 - ✦ Common capnography waves and causes
 - ✦ Troubleshooting
 - ✦ How to fix
 - Blood pressure
 - ✦ Normals
 - ✦ Doppler vs oscillometric
 - ✦ How they measure and when to use each
 - ✦ Physiologic effects of hypotension
 - ✦ Physiologic effects of hypertension
 - ✦ Troubleshooting
 - ✦ How to fix
 - PAIN
 - ✦ Pain pathway!!!!!!! (Most time on this)
 - ✦ Pain scoring
 - ✦ Ways to minimize without drugs
 - ✦ Ways to minimize with drugs
 - Mentation
 - ✦ Brief overview of normal reflexes
 - ✦ How awake should they be
 - ✦ How to minimize stress
1. Conclusions
2. Questions